## McKenzie Caregiver Support Group



Presented by: Alzheimer's Association Michigan Chapter

## BUILD A SUPPORT SYSTEM WITH PEOPLE WHO UNDERSTAND

1st Friday of Every Month 1:00 - 2:30 p.m.

McKenzie Health System - Back Dining Room 120 Delaware St., Sandusky, MI 48471

810-648-0580

For more information or to register, call **810-648-0580**. The Alzheimer's Association has a **24/7 Helpline at 800-272-3900** or visit the **Community Resource Finder at alz.org/crf** 



24/7 Help Line: 800-272-3900 | alz.org

## BUILD A SUPPORT SYSTEM WITH PEOPLE WHO UNDERSTAND

## **McKenzie Caregiver Support Group**



Presented by: Alzheimer's Association Michigan Chapter

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family, and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs, and concerns.
- Learn about community resources.

To register, call 810-648-0580

alzheimer's  $\Omega$  association

24/7 Help Line: 800-272-3900 | alz.org